

October 2025

University Circle Community Room
 10831 Magnolia Drive, Cleveland, OH 44106
 Questions? Contact Debi Abela at debi.abela@universitycircle.org
universitycircle.org/community-room

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---|--|--|--|--|
| | | | | | | |
| | | | 1 UH Yoga with Stephanie 5:30- 6:30 p.m. | 2 | 3 First Friday Game Night 5:30- 7:30 p.m. | 4 Mask Making with Sylvia: Unleash Your Creativity! 11:00 a.m.-12:15 p.m. |
| 5 | 6 | 7 Xpressions Public Writing Workshops 6:00-8:00 p.m. | 8 UH Yoga with Stephanie 5:30- 6:30 p.m. | 9 Small Bites Afterwork 5:30- 7:00 p.m. | 10 | 11 Mask Making with Sylvia: Unleash Your Creativity! 11:00 a.m.-12:15 p.m. |
| 12 | 13 | 14 Xpressions Public Writing Workshops 6:00-8:00 p.m. | 15 UH Yoga with Stephanie 5:30- 6:30 p.m. | 16 | 17 | 18 Mask Making with Sylvia: Unleash Your Creativity! 11:00 a.m.-12:15 p.m. |
| 19 | 20 | 21 Xpressions Public Writing Workshops 6:00-8:00 p.m. | 22 UH Yoga with Stephanie 5:30- 6:30 p.m. | 23 | 24 | 25 Mask Making with Sylvia: Unleash Your Creativity! 11:00 a.m.-12:15 p.m. |
| 26 | 27 | 28 Xpressions Public Writing Workshops 6:00-8:00 p.m. | 29 UH Yoga with Stephanie 5:30- 6:30 p.m. | 30 Trades Informational 5:30- 7:30 p.m. | 31 | 1 |

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UH presents Yoga with Stephanie

Experience the benefits of yoga in a welcoming class for all ages and abilities. Enjoy gentle stretches, mindful breathing, and poses to promote relaxation and well-being. Choose chair or mat yoga—mats provided or bring your own!

Date & Time: Wednesdays, 5:30-6:30 September 17-November 12

Location: UCI Community Room

Price: Free with Registration

Ages: All ages, Participants under 16 must be accompanied by adult

Mask Making Classes with Sylvia: Unleash Your Creativity!

Join us for a hands-on Mask Making Classes, with UCI Artist in Residence, Sylvia Munodawafa. In this 8 class series Sylvia will share her knowledge and experience in creating African inspired masks, but you will be able to design and create your own. Whether you're interested in theater, cultural traditions, or just want to explore your artistic side, this series is perfect for all skill levels. Come with ideas or let inspiration guide you—either way, you'll leave with a one-of-a-kind creation!

Date & Time: Saturdays, 11:00 am-12:15 pm, September 20, 2025-November 8, 2025

Location: UCI Magnolia House Art Studio

Price: Free with Registration

Ages: Adult 18+

Reserve your spot today and get ready to craft a masterpiece!

Xpressions Public Writing Workshops:

The Sparrow's Fortune will facilitate an 8-part series of creative writing workshops with the participants of University Circle Inc. This will be a combination of workshops that target conversation regarding methods of writing poetry and skills necessary to perform poetry. This series will focus on developing participants' emotional processing and physical expressionist skills. Through each workshop, participants will identify and discuss their life experiences while reading poetry and essay excerpts. Participants will then discuss and practice expression as it relates to writing letters, crafting poetry, and reciting their work aloud.

This series indirectly helps participants cultivate their own ability to create positive environments for themselves and others, practicing active listening and responding to challenging situations with confidence.

Date & Time: Tuesdays, 6:00 pm-8:00 pm September 23-November 11

Location: UCI Community Room

Price: Free with Registration

Ages: All ages, Participants under 16 must be accompanied by adult

- Week 1 Workshop: Creative Writing 101
- Week 2 Workshop: Judge, Jury, and Me
- Week 3 Workshop: A Ghazal For...
- Week 4 Workshop: From the Page to the Stage
- Week 5 Workshop: Discovering Your Voice
- Week 6 Workshop: Poetry Performance, and PIPES
- Week 7 Workshop: Free Writing Exercise
- Week 8 Workshop: Open Mic on Tuesday

UCI Community Room programs are free with registration.

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Small Bites with Chef Tiffani

Partnering with PNC, we bring Chef Tiffani Sutton-Taylor and The Cutting Board Academy to UCI for a deliciously engaging series called **"Small Bites After Work."**

Attendees will enjoy a happy hour-style food and nutrition workshop, where they can unwind with a refreshing (non-alcoholic) beverage and some delightful bites, all while learning from Chef Tiffani's expertise. So pull up a seat and enjoy a scrumptious appetizer while soaking up fascinating facts and tips about food and nutrition!

Date & Time: September 25, October 9, November 6

Location: UCI Community Room

Price: Free with Registration

Ages: All ages, Participants under 16 must be accompanied by adult

Oct 9-- Fun Fall Flavors-- Spice things up after work with a cozy culinary adventure starring sweet potatoes, pumpkins and all the warm fall flavors you crave—think cinnamon, nutmeg, ginger and cloves in bold new ways.

Game Night at UCI

Looking for a fun night out with friends and family? Come on over to the Community Room! Whether you're into board games, card games, or group games, we've got something for everyone. It's a great way to unwind and bond with friends, family, and coworkers! Don't miss out on the chance to make some unforgettable memories! See you there! Refreshments provided for registrants. All youth must be supervised by an adult.

Date & Time: September 5, October 3, November 7

Location: UCI Community Room

Price: Free with Registration

Ages: All ages. Participants under 16 must be accompanied by an adult

UCI Community Room programs are free with registration.

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